



Christian Counseling Center Inc.

## **ADD / ADHD Resource List**

### **Organizations**

Children and Adults with ADD  
[www.chadd.org](http://www.chadd.org)

The International Center for the Study of Psychiatry and Psychology (ICSP)  
4628 Chestnut Street  
Bethesda, MD 20814  
[www.icspp.org](http://www.icspp.org) or [www.breggin.com](http://www.breggin.com)  
This organization was founded and is led by Peter R. Breggin

Parents Against Ritalin (PAR)  
225 S. Brady  
Claremore, OK 74017

Grandparents and Parents Against Ritalin  
P.O. Box 157  
Friendship, MD 20758

### **Books**

*1-2-3 Magic: Effective Discipline for Children 2-12*, 3<sup>rd</sup> Edition  
Thomas W. Phelan, Ph.D.

*A Mind at a Time: America's Top Learning Expert Shows How Every Child Can Succeed*  
Mel Levine, M.D.

*Attention Deficit Disorder: A Different Perception: New Ways to Work with ADD at Home, Work, and School*, Revised Edition  
Thom Hartmann

*Cognitive-Behavioral Therapy for Impulsive Children*, 2<sup>nd</sup> Edition  
P.C. Kendall and L. Braswell

*Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood through Adulthood*  
Edward M. Hallowell, M.D. and John J. Ratey, M.D.

*Good Kids, Bad Behavior*  
P. Williamson

*Healing ADD: The Breakthrough Program That Allows You to See and Heal the Six Types of ADD*  
Daniel G. Amen, M.D.

*How to Deal with Difficult Discipline Problems: A Family-Systems Approach*  
M. Valentine

*How to Talk So Kids Will Listen and Listen So Kids Will Talk*  
A Faber and E Mazlish

*Ritalin is Not the Answer: A Drug-Free, Practical Program for Children Diagnosed with Add or ADHD*  
David B. Stein, Ph.D.

*Self-Esteem: A Family Affair*  
Jean Illsley Clarke

*Self-Esteem Revolutions in Children: Understanding and Managing the Critical Transitions in Your Child's Life*  
Thomas W. Phelan, Ph.D.

*Talking Back to Ritalin: What Doctors Aren't Telling You About Stimulants for Children*  
P.R. Breggin

*The New Strong Willed Child, Birth through Adolescence*  
Dr. James Dobson

*The Parents' Handbook*  
D. Dinkmeyer, Sr., G.D. McKay, and D. Dinkmeyer, Jr.